



2021

Underlined programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel 2.1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<p align="center">Programs Requiring Sign-up</p> <p>Catholic Communion Crime & Puzzlement You Be the Judge Friday Games @ 11:00am</p>						<p align="center">Programs Requiring Sign-in</p> <p>All Card Game Knit & Stitch Ladies Bible Study Resident Meeting Food Forum Cookies & Coffee Resident Council Meeting</p>						<p>1</p> <p>DERBY DAY 3:00 - 4:30 Music * Food * Drinks Games * Prizes * Fun Wear your best Derby attire!</p>
2	3	4	5	6	7	8						
<p><u>1:00 Hand & Foot Cards (Cascade Room)</u></p>	<p>10:00 Posture & Balance w/Weights <u>10:00 Bingo! (Dining Room)</u> 1:00 Movie: "Amadeus" <u>2:00 Knit & Stitch (Community Room)</u> 3:00 Wii Bowling (The Club) 3:30 Chair Yoga</p>	<p>9:30 Ladies Bible Study - Group 1 (Community Room) 2:00 Cribbage (Cascade Room) 2:00 Crafting w/Lucile (Community Room) 3:00 St. Pius Sunday Service</p>	<p>10:00 Catholic Communion (West Garage) 11:30 Schwan's (Parking Lot) 1:00 Bridge (Cascade Room) <u>1:30 Zumbro Lutheran Worship Service (Wedum Room)</u> 3:00 Wii Bowling (The Club)</p>	<p>9:30 Ladies Bible Study – Group 2 (Community Room) 10:00 Tai Ji/Meditation 1:00 Life in Color w/ David Attenborough Ep.1 1:30 500 Cards (Cascade Room) 3:00 Trinity Lutheran Sunday Service</p>	<p>10:00 Posture & Balance w/Balls <u>11:00 Dice & Strikes Game (Community Room)</u> 1:00 Season 3: <i>The Crown</i> Ep.8 1:00 Poker (Cascade Room) 3:00 Christ United Methodist Sunday Service</p>	<p>Stop by the puzzle tables in the elevator lobbies on the 3rd and 4th floors.</p> <p>You might meet some new neighbors.</p>						
9	10	11	12	13	14	15						
<p><u>1:00 Hand & Foot Cards (Cascade Room)</u></p> 	<p>10:00 Posture & Balance w/Weights <u>10:00 Food Forum (Wedum Room)</u> 1:00 Movie: "News of the World" <u>2:00 Knit & Stitch (Community Room)</u> 3:00 Wii Bowling (The Club) 3:30 Chair Yoga 6:30 Power of Attorney Presentation: Replay</p>	<p>9:30 Ladies Bible Study - Group 1 (Community Room) <u>10:00-11:00 Cookies & Coffee (Cascade Room)</u> 2:00 Cribbage (Cascade Room) 2:00 Crafting w/Lucile (Community Room) 3:00 St. Pius Sunday Service</p>	<p>8:30 Hearing Aid Clinic (SWC Library) <u>10:00 Catholic Communion (West Garage)</u> 1:00 Bridge (Cascade Room) 2:00 Crime & Puzzlement (Community Room) 3:00 Wii Bowling (The Club) 3:00 Zumbro Lutheran Sunday Service</p>	<p>9:30 Ladies Bible Study – Group 2 (Community Room) 10:00 Tai Ji/Meditation 1:00 Life in Color w/ David Attenborough Ep.2 1:30 500 Cards (Cascade Room) 3:00 Trinity Lutheran Sunday Service</p>	<p>10:00 Posture & Balance w/Balls <u>11:00 Tenzee (Community Room)</u> 1:00 Season 3: <i>The Crown</i> Ep.9 1:00 Poker (Cascade Room) 3:00 Christ United Methodist Sunday Service</p>	<p>Check out a book or two in the Library on 2nd floor.</p> <p>We also have a great selection of large print books from the Public Library.</p>						
16	17	18	19	20	21	22						
<p><u>1:00 Hand & Foot Cards (Cascade Room)</u></p>	<p>10:00 Posture & Balance w/Weights <u>10:00 Bingo! (Dining Room)</u> 1:00 Aegis Open House (Dining Room) <u>2:00 Knit & Stitch (Community Room)</u> 3:00 Wii Bowling (The Club) 3:30 Chair Yoga</p>	<p>9:30 Ladies Bible Study - Group 1 (Community Room) 1:00 Power of Attorney Presentation: Replay 2:00 Cribbage (Cascade Room) 3:00 Book Club (Community Room) 3:00 St. Pius Sunday Service 7:00 Resident Council Meeting (Cascade Room)</p>	<p>10:00 Catholic Communion (West Garage) 11:30 Schwan's (Parking Lot) 1:00 Bridge (Cascade Room) <u>2:00 You Be the Judge (Community Room)</u> 3:00 Wii Bowling (The Club) 3:00 Zumbro Lutheran Sunday Service</p>	<p>9:30 Ladies Bible Study – Group 2 (Community Room) 10:00 Tai Ji/Meditation 1:00 Life in Color w/ David Attenborough Ep.3 <u>1:30 500 Cards (Community Room)</u> 3:00 Trinity Lutheran Sunday Service</p>	<p>10:00 Posture & Balance w/Balls 1:00 Season 3: <i>The Crown</i> Ep.10 <u>1:00 Poker (Cascade Room)</u> 3:00 Christ United Methodist Sunday Service</p>	<p>Sit outside today and get some fresh air.</p> <p>Walk around the building and see all the beautiful flowers growing at Shorewood.</p>						
23	24	25	26	27	28	29						
<p><u>1:00 Hand & Foot Cards (Cascade Room)</u></p>	<p>10:00 Resident Meeting (Dining Room) 1:00 Movie: "Little Boy" <u>2:00 Knit & Stitch (Community Room)</u> 3:00 Wii Bowling (The Club) 3:30 Chair Yoga <u>6:15 Rochester Male Chorus (Parking Lot)</u></p>	<p>9:30 Ladies Bible Study - Group 1 (Community Room) <u>10:00-11:00 Cookies & Coffee (Cascade Room)</u> <u>2:00 Quarry Hill (SWC Front Patio)</u> 2:00 Cribbage (Cascade Room) 3:00 St. Pius Sunday Service</p>	<p>10:00 Catholic Communion (West Garage) 1:00 Bridge (Cascade Room) 3:00 Wii Bowling (The Club) 3:00 Zumbro Lutheran Sunday Service</p>	<p>9:30 Ladies Bible Study – Group 2 (Community Room) 10:00 Tai Ji/Meditation <u>1:00 Falls Video/ Custom Alarm (Dining Room)</u> <u>1:30 500 Cards (Community Room)</u> 3:00 Trinity Lutheran Sunday Service</p>	<p>10:00 Posture & Balance w/Balls <u>11:00 Pokeno: Bring 60 Pennies to Play! (Community Room)</u> 1:00 Season 4: <i>The Crown</i> Ep.1 <u>1:00 Poker (Cascade Room)</u> 3:00 Christ United Methodist Sunday Service</p>	<p>Meet up with your neighbors in the Lakeside Lounge for a nice chat or bring your favorite movie to the Cascade Room to watch on the big screen tv.</p>						
30	NO SHUTTLE 31	<div style="border: 1px solid black; padding: 5px;"> <p>Falls Video/Custom Alarm Overview: Custom Alarm will be here to give us an overview of the steps taken when you push your emergency pendant button. After that, few will show a video made by fire station 3 that details the process the responders take in the event of a fall or lift assist.</p> </div>										



Movies:

(Channel 2.1)

Amadeus: the life, success and troubles of Wolfgang Amadeus Mozart, as told by Antonio Salieri, the contemporaneous composer who was insanely jealous of Mozart's talent and claimed to have murdered him. **Runtime: 2h 40m Rated: R**

News of the World: A civil War veteran agrees to deliver a girl, taken by the Kiowa people years ago, to her aunt and uncle, against her will. They travel hundreds of miles and face grave dangers as they search for a place that either can call home. **Runtime: 1h 58m Rated: PG-13**

Little Boy: An eight-year-old boy is willing to do whatever it takes to end World War II so he can bring his father home. The story reveals the indescribable love a father has for his little boy and the love a son has for his father. **Runtime: 1h 46m Rated: PG-13**

Series: Fridays @ 1:00pm
(Channel 2.1)

(The Crown - Season 3 (Netflix Original Series)

This drama follows the political rivalries and romance of Queen Elizabeth II's reign and the events that shaped the second half of the 20th century.

(Ep.8) Dangling Man - Charles visits the exiled Duke of Windsor in his Paris chateau, only to find him very ill. But will the Queen make peace with her uncle before he dies? **Runtime: 47m**

(Ep.9) Imbrolio - While Princess Anne dates her elder brother's polo rival Andrew Parker Bowles, Prince Charles falls deeply in love with Camilla Shand causing the Queen Mother and Lord Mountbatten to interfere. **Runtime: 47m**

(Ep.10) Coeur - As her marriage falls apart, Princess Margaret finds solace in the arms of a much younger landscape gardener. The Queen and the nation celebrate Elizabeth II's Silver Jubilee. **Runtime: 59m**

(Season 4 Ep.1) Gold Stick - As Elizabeth welcomes Britain's first woman prime minister and Charles meets a young Diana Spencer, an IRA attack brings tragedy to the royal family. **Runtime: 54m**

Life In Color w/David Attenborough Thursdays @ 1:00pm

(Channel 2.1)

Using innovative technology, this docuseries explores nature from a fresh perspective as animals use color to survive and thrive in the wild.

(Ep.1) Seeing in Color - A mandrill flaunts his hues as birds and butterflies offer dazzling displays. A rainbow mantis shrimp packs a punch while red frogs battle it out. **Runtime: 49m**

(Ep.2) Hiding in Color - Some hide, some flaunt, and others trick and deceive. These masters of disguise transform themselves to hide from hunters or secure their next meal. **Runtime: 49m**

(Ep.3) Chasing Color - the crew shares how they captured views of a hidden world across various habitats and challenging conditions using a pioneering camera system. **Runtime: 43m**